



2020-2021 Physical Restraint and Seclusion Annual Report
June 24, 2021

Total Incidents of Physical Restraint and Seclusion:	23
Total number of incidents involving physical restraint:	6
Total number of incidents involving seclusion:	19
Total number of seclusions in a locked room:	0
Total number of students placed in physical restraint:	4
Total number of students placed in seclusion:	8

Demographic characteristics:

Race:

African American	1
American Indian/Alaskan Native	1
Asian	1
Muli-Racial	0
White	6

Ethnicity:

Hispanic	0
Non-Hispanic	0

Gender:

Male	8
Female	1

Disability Status:

Identified as student with disabilities under IDEA or Section 504	
Autism Spectrum Disorder	1
Emotional Disturbed	3
Other Health Impaired	2
Other	2
Non-Disabled	1

Migrant Status: N/A

English Proficiency: 0 Students receiving ELL services.

Status as Economically Disadvantaged: 2 students eligible for free or reduced lunch.

***Total number of incidents that resulted in injury or death to students or personnel as a result of the use of physical restraint or seclusion:**

1 incidents resulted in the reported injury to students, 0 incident resulted in the reported injury to staff.\

***Number of students placed in physical restraint or seclusion more than 10 times in the 2020–21 school year:** 0

***Steps taken to reduce the use of physical restraint for each student: To reduce the number of incidents:**

- staff participated in debriefings that included situation and plan reviews,
- MANDT recertification and practice sessions with observations.
- Implemented additional behavioral strategies, workshops, and coordinated interventions effort with local mental health supports.
- Students were provided training and access to de-escalation strategies and supports, sensory room, positive calming area with supports.
- Collaborative Problem Solving Strategies
- Frequent breaks and options and the removal of antecedents (including the modification of instructional plans) to help emotional regulation.

***Number of incidents in which personnel administering physical restraint and seclusion were not trained:** 0.

Summary:

McMinnville School District observed a significant decrease in both the use of physical restraint and seclusion compared to the 2019–2020 school year. Also note that during the 2020–2021 school year that all students were enrolled in Comprehensive distance learning for 75% of the school year and 25% on reduced day due to the COVID pandemic.

Physical restraints decreased from 52 (2019–2020) to 6 (2020–2021). This decrease is associated with the focus on MANDT training and the importance of documenting each incident as well as during the 2020–2021 school year that all students were enrolled in Comprehensive distance learning for 75% of the school year and 25% on reduced day due to the COVID pandemic.

Strategies that were increased this year district-wide include

- A. The use of Collaborative Problem Solving
- B. On-Going training in the MANDT System
- C. Development and implementation of sensory activities through-out the schools
- D. Quiet space for students invited to use to proactive calming strategies
- E. Specialist consultation district-wide in behavioral de-escalation
- F. Completion of comprehensive Functional Behavioral Assessments followed by implementation of Behavior Support Plans

Seclusions decreased from 81 (2019–2020) to 19 (2020–2021). The area used to help the student regulate his/her emotions and talk with staff is a room that is 10 feet high and floor area of 15 ft X 8 feet. Soft mats are provided for students who wish to regulate on the floor as necessary. The district does these as seclusions due to the regulations indicating that seclusion was ‘involuntary’ and the student was ‘prevented from leaving the area or had the perception that he/she could not leave the area’. The students were never left alone in this setting. Staff had supportive training in the use of de-escalation techniques and use of the sensory activities to help students change behaviors and de-escalate. McMinnville School District does not utilize ‘Seclusion cells’.